

# 2018 Virlina District Ministers and Spouses Retreat



Nourishing Community  
by Eating Together:  
*The Spirituality of Eating*

February 23-24, 2018  
WE Skelton 4-H Center  
Leader: Grace Hackney

## Directions to 4-H Center

**From Rt. 220 South:** take Rocky Mount exit for Rt. 40 East / Old Franklin Turnpike. Go 3.6 miles and turn left onto 655 / Webster Road. Stay right to stay on 655. Go just over 3 miles and turn left at stop sign onto 834 / Brooks Mill Road. Continue on 834 for 3.9 miles. Turn right at stop sign onto 670 / Burnt Chimney Road. Continue directions below.

**From Rt. 220 North:** turn on 697 / Wirtz Road

Go 5 miles to the stop sign. At stop sign, turn left onto Rt. 122 N (Booker T. Washington Highway). Go 1 mile to Burnt Chimney Road

Turn right onto 670 / Burnt Chimney Road. Follow Burnt Chimney Rd. for 6.7 miles to 668.

Turn right onto 668 / Lovely Valley Road. Follow for 0.7 miles to the stop sign.

Turn right onto 944 / Crafts Ford Road. Follow for 1.6 miles to a sharp curve. Turn left onto 669 / Hermitage Road.

Follow Hermitage Rd. to the W.E. Skelton 4-H Center.

Reid Jones, Jr. Lodge will be second building on the right.

**775 Hermitage Rd, Wirtz, VA 24184**



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February 23-24, 2018 • WE Skelton 4-H Center • Leader: Grace Hackney

Please mail this completed form and check made payable to

**Virlina District by February 1, 2018** to:

Virlina District Resource Center

3402 Plantation Road NE

Roanoke, VA, 24012

*"So, whether you eat or drink, or whatever you do, do everything for the glory of God."*

I Corinthians 10:31

**Nourishing Community by Eating Together:**  
*The Spirituality of Eating*

**FRIDAY**

- 5:30 Registration and Gathering
- 6:30 Snack Supper
- 7:00 Evening Worship
- 7:30-8:30 **SESSION 1:** Eating Together: What We Do as Christians; Sharing Stories and Finding Ourselves in God's Story

**SATURDAY**

- 8:00 Morning Prayer (optional)
- 8:30 Breakfast
- 9:30 **SESSION 2:** Food that LAUGHS: *Local, Affordable, Uncomplicated, Good, Healthy, Seasonal*
- 10:30 Preparing a Lunch that LAUGHS and Free Time
- 12:00 Table Time: Worshipping by Eating Together
- 1:30 **SESSION 3:** Eating as A Spiritual Discipline: Now What?
- 2:30 Closing Reflection and Sending Forth
- 3:00 Departure

**.3 CEU available**

**All ministers and spouses of ministers are invited to attend!**

**WHAT TO BRING**

- Plate, cup/mug, silverware for yourself
- Overnight items (linens and towels are provided)
- Snack item to share
- Bible and note-taking materials (optional)

**COST**

- \$150.00 for couple or double occupancy
- \$100.00 for single occupancy
- \$40.00 for commuter (meals, no lodging)

*"To live, we must daily break the body and shed the blood of Creation. When we do this knowingly, lovingly, skillfully, reverently, it is a sacrament. When we do it ignorantly, greedily, clumsily, destructively, it is a desecration. In such desecration, we condemn ourselves to spiritual and moral loneliness, and others to want."*

- Wendell Berry, The Gift of Good Land

**About Grace**

Grace G. Hackney is ordained in The United Methodist Church and the Founder and Director of *Life Around the Table* ([lifearoundthetable.org](http://lifearoundthetable.org)). Grace was deeply formed by the Church of the Brethren, the daughter of Enos and Edith Griffith. She and her husband, Tony, currently live on 12 acres of land in North Carolina, which they share with ducks, chickens, goats, and an array of wildlife. In her current work, Grace works directly with clergy, congregations, and communities to help them "nourish community by eating together."



**2018 Ministers and Spouses Retreat • Registration Form**

Name(s): \_\_\_\_\_

Congregation: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

\_\_\_\_\_ Single (\$100.00) \_\_\_\_\_ Couple (\$150.00) \_\_\_\_\_ Commuter (\$40.00/person – no lodging)

Food allergies/restrictions: \_\_\_\_\_