

Transitions: Maintaining Family Life: The cycle of your sanity



August 17, 2019

9 am to 2 pm

Registration at 8:30

Worship and Workshops at 9

Moving out-moving back in...It has become a new rhythm in family life, one that extends across the generations. Adjusting to the changing family dynamics can result in a variety of feelings, leaving one to wonder—Am I still sane? What are my roles when we are different generations living together? Do I really need a curfew...I'm 40?! Do I have to go to Sunday School...I'm 25?!

Come join us for a frank discussion of the realities as well as some tools for surviving any type of intergenerational co-habitation.

TROUTVILLE CHURCH OF BRETHREN

5133 LEE HIGHWAY, TROUTVILLE, VA 24175

Light Lunch Provided On-site: Cost - Donation

For more information:

Call District Office 362-1816 or

Patricia Ronk, 540-798-5512 Trish1951.pr@gmail.com

This family life event will include individual and group opportunities to lament and celebrate the good, bad, and ugly of launching children into arenas of independence only for them to have a life crisis requiring they move back in. Alternatively, adult children find themselves needing to move in or share their own home with aging parents. Come seeking advice or to find a support group of others who are experiencing the same "How do we live together?" dilemma.

REGISTRATION

Name _____

Congregation _____

Contact Information: Phone _____

Email _____

Nutritional Restrictions: _____

Mail completed registration form by August 9, 2019 to:

Virlina District Resource Center, 3402 Plantation Road, NE, Roanoke, VA 24012

or email: Virlina2@aol.com

Family Life Event Sponsored by Commission on Nurture

