



“CONQUERING CLUTTER: MIND - SPIRIT - BODY”

THE NORTHERN AREA WOMEN of the VIRGINIA DISTRICT

2019 FALL RETREAT

SATURDAY, SEPTEMBER 28, 2019

9:00 AM – 1:00 PM

Peters Creek Church of the Brethren 5333 Cove Road, NW, Roanoke, VA 24019

REGISTRATION FEE \$12.00 AND INCLUDES LUNCH (MUST BE PRE-PAID).

REGISTRATION STARTS AT 9:00AM PROGRAM BEGINS AT 9:30 AM

JENNIE SUE MURDOCK WILL INSPIRE THE GROUP ON “MAKING MORE ROOM FOR HAPPINESS”, AS SHE SPEAKS FROM ROMANS 12:2, “DO NOT CONFORM ANY LONGER TO THE PATTERN OF THE WORLD, BUT BE TRANSFORMED BY THE RENEWING OF YOUR MIND.”

THREE FOR GLORY, A TRIO FROM PETERS CREEK COB, WILL ENTERTAIN WITH MUSIC.

CAROL JENSEN WILL GIVE US TIPS ON HOW TO DECLUTTER AND ORGANIZE OUR IMPORTANT PAPERS, ALONG WITH A QUESTION AND ANSWER SESSION.

LUNCH CATERED BY 2ND HELPINGS CAFE

COME JOIN US FOR A DAY OF RENEWAL, INSPIRATION AND LAUGHTER. INVITE A FRIEND!

COMPLETE REGISTRATION FORM BELOW AND RETURN WITH PAYMENT OF \$12.00

MAIL TO: GWEN KROPFF 1830 WOODMERE COURT, SALEM, VA. 24153 PHONE: (540) 761-8672

***** MAKE CHECK PAYABLE TO: NORTHERN AREA WOMEN OF VIRGINIA DISTRICT *****

REGISTRATION FORM

NAME: _____ ADDRESS: _____

PHONE: _____ HOME CHURCH: _____

LUNCH MENU: CHOOSE ONE SANDWICH AND ONE BREAD CHOICE

___ TURKEY SANDWICH WITH PROVOLONE CHEESE, LETTUCE ON ___ WHITE ___ OR WHEAT BREAD

___ HAM SANDWICH WITH CHEDDAR CHEESE, LETTUCE ON ___ WHITE OR ___ WHEAT BREAD

___ VEGGIE WRAP WITH CREAM CHEESE SPREAD ON ___ WHEAT OR ___ TOMATO BASIL WRAP

POTATO CHIPS & COOKIE INCLUDED, ALSO BOTTLED WATER WITH FLAVOR STICK PROVIDED.

***** RETURN FORM BY WEDNESDAY, SEPTEMBER 11, 2019 *****